



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# AQUATICS SCHEDULE

July 31<sup>st</sup>-August 11<sup>th</sup>

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00am-8:00 University 4 lanes (limited lanes)	7:00am-8:00 University 4 lanes (limited lanes)	7:00am-8:00 University 4 lanes (limited lanes)	7:00am-8:00 University 4 lanes (limited lanes)	7:00am-8:00 University 4 lanes (limited lanes)	8:00-11:00 Swim Lessons	
8:00-9:00 Water Aerobics		8:00-9:00 Water Aerobics		8:00-9:00 Water Aerobics	8:00-9:00 Water Aerobics	
8:30-9:15 Swim League	9:00-10:00 Water Aerobics	8:30-9:15 Swim League	9:00-10:00 Water Aerobics		9:00-10:30 Special Olympics	
9:00-10:00 Water Aerobics		9:00-10:00 Water Aerobics		9:00-10:00 Water Aerobics		
8:30-10:30 Swim Lessons	8:30-10:30 Swim Lessons	8:30-10:30 Swim Lessons	8:30-10:30 Swim Lessons	8:30-10:30 Swim Lessons	11:00-4:30 Lap Swim/Open Swim	
No Lap Lanes Available 8:00-9:15am	No Lap Lanes Available 8:00-9:00am	No Lap Lanes Available 8:00-9:15am	No Lap Lanes Available 8:00-9:00am	No Lap Lanes Available 8:00-9:00am		1:30-4:30pm Open swim
	10:00-4:00 YMCA CAMP/ Open Swim		10:00-4:00 YMCA CAMP/ Open Swim		12:00-4:30 \$3 Community Swim	1:30-4:30 Lap Swim (2 lanes)
10:30-12:30 Open Swim	4:00-5:30 Lap Swim/ Open Swim	10:30-12:30 Open Swim	4:00-5:30 Lap Swim/ Open Swim	10:30-12:30 Open Swim	Pool Closed 4:30	Pool Closed 4:30
12:30-2:30 Camp Swim	5:30-6:15 Y Swim League	11:15-3:15 Camp Swim	5:30-6:15 Y Swim League	12:30-5:30 Lap Swim/ Open Swim		
5:30-7:30 Swim Lessons	5:30-7:30 Swim Lessons	5:30-7:30 Swim Lessons	5:30-7:30 Swim Lessons	5:30-7:30 Swim Lessons		
7:30-8:30 Lap Swim/ Open Swim	No Lap Lanes Available 5:30-6:30pm	7:00-8:00 pm Special Olympics	No Lap Lanes Available 5:30-6:30pm			
Pool Closed 8:30	Pool Closed 8:30	Pool Closed 8:30	Pool Closed 8:30	Pool Closed 7:30		

**Lap Swimming Tips:** Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

**Directions for Adult Lap:** If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

**Speed:** Please choose a lane with swimmers that most nearly match your speed.

**Schedule and is subject to change**

Multiple activities are often scheduled in this pool at the same time.

**Private Swim Lessons Scheduled with Instructor**