



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULES

Port Orange Schedule Effective: May 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Masters 8 Lanes (7 lanes) 5:00am - 6:15am	Open Swim (All Lap Lanes) 5:00am - 6:30am	Masters 8 Lanes (7 lanes) 5:00am - 6:15am	Open Swim (All Lap Lanes) 5:00am - 6:30am	Masters 8 Lanes (7 lanes) 5:00am - 6:15am		
Lap Swim/ Open Swim 6:30am - 9:30am	Lap Swim/ Open Swim 6:30am - 9:30am	Lap Swim/ Open Swim 6:30am - 9:30am	Lap Swim/ Open Swim 6:30am - 9:30am	Lap Swim/ Open Swim 6:30am - 9:30am	Adult Lap LONG Open Swim 7:00am - 8:00 am	
Water Aerobics (10 lanes) 9:15am & 10:15am	Water Aerobics (10 lanes) 10:15am - 11:15am	Water Aerobics (10 lanes) 2 Classes 45 min 9:15am & 10:15am	Water Aerobics (10 lanes) 10:15am - 11:15am	Water Aerobics (10 lanes) 2 Classes 45 min 9:15am & 10:15am	Speed 6 LONG (2 LONG Lap) 8:00am - 10:00am	
Lap Swim/ Swim Lesson 11:00am - 2:45pm	Lap Swim/ Swim Lesson 11:00am - 2:45pm	Lap Swim/ Swim Lesson 11:00am - 2:45pm	Lap Swim/ Swim Lesson 11:00am - 2:45pm	Lap Swim/ Swim Lesson 11:00am - 2:45pm		Open Swim 12:00pm - 4:30pm
Lane Change 2:45pm - 3:15pm	Lane Change 2:45pm - 3:15pm	Lane Change 2:45pm - 3:15pm	Lane Change 2:45pm - 3:15pm	Lane Change 2:45pm - 3:15pm	Community Swim (\$3.00) 1:30am - 4:30pm	
Speed 7 LONG (1 Lap Lane) 1 Swim Lesson 3:30pm - 5:30pm	Speed 7 LONG (1 Lap Lane) 1 Swim Lesson 3:30pm - 5:30pm	Speed 7 LONG (1 Lap Lane) 1 Swim Lesson 2:30pm - 5:30pm	Speed 7 LONG (1 Lap Lane) 1 Swim Lesson 3:30pm - 5:30pm	Speed 7 LONG (1 Lap Lane) 1 Swim Lesson 3:30pm - 5:30pm	Pool Closes 4:30pm	Pool Closes 4:30pm
Speed 4 LONG (4 LONG Lap/Lessons) 5:30pm - 6:00pm	Speed 4 LONG (4 LONG Lap/Lessons) 5:30pm - 6:00pm	Speed 4 LONG (4 LONG Lap/Lessons) 5:30pm - 6:00pm	Speed 4 LONG (4 LONG Lap/Lessons) 5:30pm - 6:00pm	Speed 4 LONG (4 LONG Lap/Lessons) 5:30pm - 6:00pm		
Lane Change 6:00pm - 6:15pm	Lane Change 6:00pm - 6:15pm	Lane Change 6:00pm - 6:15pm	Lane Change 6:00pm - 6:15pm			
Masters 4 Lanes (8 Lap Lanes) 6:15pm - 7:15pm	Y Swim League (8 Lap Lanes) 6:30pm - 7:15pm	Masters 4 Lanes (8 Lap Lanes) 6:15pm - 7:15pm	Y Swim League (8 Lap Lanes) 6:30pm - 7:15pm	Masters 4 Lanes (3 Lap Lanes) 6:15pm - 7:15pm		
Lap Swim/ Open Swim 7:00pm - 8:30pm	Lap Swim/ Open Swim 7:00pm - 8:30pm	Lap Swim/ Open Swim 7:00pm - 8:30pm	Lap Swim/ Open Swim 7:00pm - 8:30pm	Lap Swim/ Open Swim 7:00pm - 8:30pm		
Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 7:30pm		

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Speed: Please choose a lane with swimmers that most nearly match your speed.

Schedule is Subject to Change: Multiple activities are often scheduled in this pool at the same time.

Color Code Key:

Basic
 Plus
 Premium
 Paid Program

PORT ORANGE FAMILY YMCA

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