



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULE

Effective July 31st

Indoor Pool

****Pool scheduled to close for resurfacing August 14th****

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00-9:00 *Aqua Fitness	9:30-10:30 *Aqua Fitness	8:00-9:00 *Aqua Fitness	9:30-10:30 *Aqua Fitness	8:00-9:00 *Aqua Fitness	9:00-10:30 *YMCA Swim Lessons	
9:00-11:30 *YMCA Swim Lessons	9:30-10:30 *Aqua Fitness	9:00-11:30 *YMCA Swim Lessons	9:30-10:30 *Aqua Fitness	9:00-11:30 *YMCA Swim Lesson Makeup	10:45-4:30 ½ Lap Swim ½ Family Swim	1:00-4:30 ½ Lap Swim ½ Family Swim
11:45-5:00 ½ Lap Swim ½ Family Swim	10:45-5:00 ½ Lap Swim ½ Family Swim	11:45-5:00 ½ Lap Swim ½ Family Swim	10:45-5:00 ½ Lap Swim ½ Family Swim	11:45-5:00 ½ Lap Swim ½ Family Swim		
5:00-7:30 *YMCA Swim Lessons	5:00-7:30 *YMCA Swim Lessons	5:00-7:30 *YMCA Swim Lessons	5:00-7:30 *YMCA Swim Lessons	5:00-7:30 *YMCA Swim Lesson Makeup		
Pool closed 8:00	Pool closed 8:00	Pool closed 8:00	Pool closed 8:00	Pool closed 7:30	Pool Closed 4:30	Pool Closed 4:30

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Speed: Please choose a lane with swimmers that most nearly match your speed.

Schedule and is subject to change

Multiple activities are often scheduled in this pool at the same time.

Private Swim Lessons Scheduled with Instructor

DELAND FAMILY YMCA

761 E International Speedway Boulevard, DeLand, FL 32724 | P 386.736.6000 | F 386.736.9622 | vfymca.org

TOGETHER WE CAN BUILD A BETTER US



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AQUATICS SCHEDULE

August 14th-October, 2016 Outdoor Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-8:15 Lap Swim	5:30-9:00 Lap Swim	5:30-8:15 Lap Swim	5:30-9:00 Lap Swim	5:30-8:15 Lap Swim		
8:30-9:30 *YMCA Swim League		8:30-9:30 *YMCA Swim League		8:30-9:30 *YMCA Swim League Makeup		
9:00-10:00 Lap Swim *Deep Water Aqua Fitness	9:00-11:30 ½ *YMCA Swim Lessons ½ Lap Swim	9:00-10:00 Lap Swim *Deep Water Aqua Fitness	9:00-11:30 ½ *YMCA Swim Lessons ½ Lap Swim	9:00-10:00 Lap Swim *Deep Water Aqua Fitness	8:00-10:00 Deland High	
10:00-11:00 *Aqua Fitness ½ Lap Swim		10:00-11:00 *Aqua Fitness ½ Lap Swim		10:00-11:00 *Aqua Fitness ½ Lap Swim	10:15-4:30 ½ Family Swim ½ Lap Swim	1:00-4:30pm ½ Lap swim ½ Family swim
11:30-3:30 ½ *Camp Swim ½ Family Swim	11:30-3:30 ½ *Camp Swim ½ Family Swim	11:30-3:30 ½ *Camp Swim ½ Family Swim	11:30-3:30 ½ *Camp Swim ½ Family Swim	11:30-3:30 ½ *Camp Swim ½ Family Swim	12:00-4:30 Community Swim \$3.00	
4:00-5:15 Deland High School 6 lanes	4:00-5:15 Deland High School 6 lanes	4:00-5:15 Deland High School 6 lanes	4:00-5:15 Deland High School 6 lanes	4:00-5:15 Deland High School 6 lanes		
	5:15-6:15 *YMCA Swim League		5:15-6:15 *YMCA Swim League			
5:30-8:30 Family Swim	6:30-8:30 Family Swim	5:30-8:30 Family Swim	6:30-8:30 Family Swim	5:30-7:30 Family Swim		
Pool closed 8:30	Pool closed 8:30	Pool closed 8:30	Pool closed 8:30	Pool closed 7:30	Pool closed 4:30	Pool closed 4:30

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