



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULE

August 14th- November

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|---|------------------------------------|------------------------------|
| 7:00am-11:00am Lap swim Open Swim | 7:00am-11:00am Lap swim Open Swim | 7:00am-11:00am Lap swim Open Swim | 7:00am-11:00am Lap swim Open Swim | 7:00am-11:00am Lap swim Open Swim | | |
| 8:00-9:00 Water Aerobics | | 8:00-9:00 Water Aerobics | | 8:00-9:00 Water Aerobics | 8:00-9:00 Water Aerobics | |
| 9:00-10:00 Water Aerobics | 9:00-10:00 Water Aerobics | 9:00-10:00 Water Aerobics | 9:00-10:00 Water Aerobics | 9:00-10:00 Water Aerobics | 9:00-10:00 Special Olympics | |
| Pool Closed 11:00-3:15 | Pool Closed 11:00-3:15 | Pool Closed 11:00-3:15 | Pool Closed 11:00-3:15 | Pool Closed 11:00-3:15 | 8:00-4:30 Lap swim Open swim | |
| 3:15-5:30 University High (1 lap lane) | 3:15-5:30 University High (1 lap lane) | 3:15-5:30 University High (1 lap lane) | 3:15-5:30 University High (1 lap lane) | 3:15-5:30 University High (1 lap lane) | 12:00-4:30 \$3 Community Swim | 1:30-4:30pm Lap/Open swim |
| 5:30-7:30 Lap/Open Swim Limited space | 5:30-7:30 Lap/Open Swim Limited space | 5:30-7:30 Lap/Open Swim Limited space | 5:30-7:30 Lap/Open Swim Limited space | 5:30-7:30 Lap/Open Swim Limited space | | |
| 5:30-7:30 pm Swim Lessons | 5:30-6:15 Y Swim League | 5:30-7:30 pm Swim Lessons | 5:30-6:15 Y Swim League | 5:30-7:30 pm Swim Lessons | Pool Closed 4:30 | Pool Closed 4:30 |
| 7:30-8:00 Lap/Open Swim | 6:30-8:00 Lap/Open Swim | 7:30-8:00 Lap/Open Swim | 6:30-8:00 Lap/Open Swim | | | |
| Pool Closed 8:00 | Pool Closed 8:00 | Pool Closed 8:00 | Pool Closed 8:00 | Pool Closed 7:30 | | |

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Speed: Please choose a lane with swimmers that most nearly match your speed.

Schedule and is subject to change

Multiple activities are often scheduled in this pool at the same time.

Private Swim Lessons Scheduled with Instructor