



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULE

April 21 -June 3rd, 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am-11am Lap/open swim	7am-11am Lap/open swim	7am-11am Lap/open swim	7am-11am Lap/open swim	7am-11am Lap/open swim		
8:00-9:00 Water Aerobics		8:00-9:00 Water Aerobics		8:00-9:00 Water Aerobics	8:00-4:30 Lap/Open Swim	
	9:00-10:00 Water Aerobics		9:00-10:00 Water Aerobics		12:00-4:30 \$3 Community Swim	1:00-4:30pm Lap/Open swim
Pool Closed 11:00-3:30	Pool Closed 11:00-3:30	Pool Closed 11:00-3:30	Pool Closed 11:00-3:30	Pool Closed 11:00-3:30	Pool Closed 4:30	Pool Closed 4:30
3:30-8:30pm Lap/Open Swim LHC: 2 lanes	3:30-8:30pm Lap/Open Swim	3:30-8:30pm Lap/Open Swim LHC: 2 lanes	3:30-8:30pm Lap/Open Swim	3:30-7:30pm Lap/Open Swim LHC: 2 lanes		
5:30-7:00 pm Swim Lessons	6:30-7:30 Y Swim League	5:30-7:00 pm Swim Lessons	6:30-7:30 Y Swim League			
Pool Closed 8:30	Pool Closed 8:30	Pool Closed 8:30	Pool Closed 8:30	Pool Closed 7:30		

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Speed: Please choose a lane with swimmers that most nearly match your speed.

Schedule and is subject to change

Multiple activities are often scheduled in this pool at the same time.

Private Swim Lessons Scheduled with Instructor

FOUR TOWNES FAMILY YMCA

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