



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BE PART OF THE TEAM

FOUR TOWNES FAMILY YMCA YOUTH SPORTS CALENDAR 2018

SEASON <small>(Schedule subject to change)</small>	SPRING 2018	SUMMER 2018	EARLY FALL 2018	LATE FALL 2018	WINTER 2018
SPORTS OFFERED	Soccer	Basketball Volleyball	Soccer	Flag Football Volleyball	Basketball
AGES OFFERED	3-17	BB: 4-17 VB: 8-17	3-17	Flag Football: 4-17 Volleyball: 8-17	4-17
EARLY REGISTRATION	January 1 - February 4	BB: April 2 - May 13 VB: April 2 - May 6	June 3 - July 15	August 26 - September 23	November 18 - December 16
LATE REGISTRATION	February 5 - February 25	BB: May 14 - May 20 VB: May 7 - May 13	July 16 - July 29	September 24 - October 7	December 17 - January 6
PRACTICES BEGIN (WEEK OF)	March 5	BB: May 28 VB: May 21	August 6	October 15	January 14
FIRST GAME	March 23/24	BB: June 9 VB: June 7	August 17/18	October 26/27	January 25/26
LAST GAME	May 11/12	BB: July 28 VB: July 26	October 5/6	December 14/15	March 8/9
YMCA MEMBER	\$50	\$50	\$50	\$50	\$50
PROGRAM PARTICIPANT	\$80	\$80	\$80	\$80	\$80
YMCA MEMBER <small>(after Early Registration)</small>	\$60	\$60	\$60	\$60	\$60
PROGRAM PARTICIPANT <small>(after Early Registration)</small>	\$90	\$90	\$90	\$90	\$90

VISIT VFYMCA.ORG FOR MORE DETAILS OR TO SIGN UP FOR YMCA YOUTH SPORTS

FOUR TOWNES FAMILY YMCA

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TOGETHER WE CAN BUILD A BETTER US

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WHY THE Y?

The YMCA Youth Sports philosophy is unique. We emphasize good sportsmanship, teamwork, values, and fellowship with others, alongside teaching sports skills. The three most important goals as a parent and a coach are to make sure each child is safe, has fun and learns the fundamentals of each sport. The YMCA has a modified league format to help ensure this philosophy is fostered:

- EACH PLAYER PLAYS AT LEAST HALF OF EVERY GAME
- EMPHASIS ON FUN & SKILL DEVELOPMENT BEFORE WINS & LOSSES
- MODIFIED GAME RULES THAT HELP YOUR CHILD DEVELOP THEIR SKILLS
- REFEREES WHO 'COACH' WHEN ENFORCING THE RULES OF THE GAME

PRACTICE INFORMATION

Each team practices one evening per week for one hour. Practices are held Monday-Thursday, with the earliest start time being 5pm. Generally the younger the age-group, the earlier the practice. When you register, you can request a day or time that works best for your schedule, as well as requesting a particular coach or teammate. Requests are filled on a first-come first-served basis. We provide balls and practice equipment here at the Y, and you are welcome to bring your own. Make sure you put your name on equipment you bring with you.

GAME INFORMATION

Games take place either on Friday evenings or Saturdays. All teams will play eight games during the season. In order to provide a great learning experience, ages 10-17 may be subject to a travel schedule with other local branches of the Volusia Flagler YMCA. This provides more depth to our leagues and a greater experience for each participant involved.

Y GAMETIME

Y Gametime! reaches all parents in YMCA Youth Sports programs with weather, safety, emergency alerts, schedules, scores, game/practice alerts and more to phones or email addresses.

VOLUNTEER COACHES

Our coaches are background-screened volunteers who give back to their community through the sports that they love. They dedicate two hours a week to help kids develop skills, values and a love of the game. Benefits of Coaching:

- A coach will have more impact in one season than most people do in a lifetime
- Coaches have fun with the youth in their community
- Coaches get first pick of practice days/times

COACHES AND PARENTS CODE OF CONDUCT

- I truly understand that youth sports are intended for children and not for adults
- I will place the well-being of the players ahead of my personal desire to win
- I will treat each player with respect, & extend that respect to all parents, spectators and YMCA officials.
- I will demonstrate good sportsmanship and fair play towards all players, opponents and coaches.

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