



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULES

DeLand Outdoor Pool Schedule Effective: June 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim (6 Lap Lane) 5:30am – 8:15am	Lap Swim (6 Lap Lane) 5:30am – 8:30am	Lap Swim (6 Lap Lane) 5:30am – 8:15am	Lap Swim (6 Lap Lane) 5:30am – 8:30am	Lap Swim (6 Lap Lane) 5:30am – 8:30am		
Y Swim League 8:30am-9:15am		Y Swim League 8:30am-9:15am			Lap Swim 8:00-10:00	
½ Swim Lessons 8:45am-11:30am	½ Swim Lessons ½ Lap Swim 8:45am-11:30am	½ Swim Lessons 8:45am-11:30am	½ Swim Lessons ½ Lap Swim 8:45am-11:30am	½ Swim Lessons 8:45am-11:30am	½ Lap Swim / ½ Family Swim 10:15am – 4:30pm	½ Lap Swim / ½ Family Swim 1:00pm – 4:30pm
Deep Water Aerobics 10:00am-11:00am		Deep Water Aerobics 10:00am-11:00am		Deep Water Aerobics 10:00am-11:00am	Community Swim (\$3.00) 12:00pm – 4:30pm	
½ Camp Swim 1 Lap Lane ½ Family Swim 11:30am-3:30pm	½ Camp Swim 1 Lap Lane ½ Family Swim 11:30am-3:30pm	½ Camp Swim 1 Lap Lane ½ Family Swim 11:30am-3:30pm	½ Camp Swim 1 Lap Lane ½ Family Swim 11:30am-3:30pm	½ Camp Swim 1 Lap Lane ½ Family Swim 11:30am-3:30pm	Pool Closes 4:30pm	Pool Closes 4:30pm
½ Family Swim ½ Lap Swim 3:45pm-8:30pm	½ Family Swim ½ Lap Swim 3:45pm-5:45pm	½ Family Swim ½ Lap Swim 3:45pm-8:30pm	½ Family Swim ½ Lap Swim 3:45pm-5:45pm	½ Family Swim ½ Lap Swim 3:45pm-7:30pm		
	Y Swim League 6:30pm-7:15pm		Y Swim League 6:30pm-7:15pm			
	½ Family swim ½ Lap Swim 7:00pm-8:30pm		½ Family swim ½ Lap Swim 7:00pm-8:30pm			
Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 7:30pm		

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer’s acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to “circle” swimming format.

Speed: Please choose a lane with swimmers that most nearly match your speed.

Schedule is Subject to Change: Multiple activities are often scheduled in this pool at the same time.

Private Swim Lessons Scheduled with Instructor

Color Code Key:

Basic Plus Premium Paid Program

DELAND FAMILY YMCA

761 E. International Speedway Blvd., DeLand, FL 32724
P 386.736.6000 | F 386.736.9622 | vfyymca.org



FOR YOUTH DEVELOPMENT®
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FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULES

DeLand Indoor Pool Schedule Effective: June 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Water Exercise 8:00am – 9:00am	Water Exercise 9:30am – 10:30am	Water Exercise 8:00am – 9:00am	Water Exercise 9:30am – 10:30am	Water Exercise 8:00am – 9:00am	Lap Swim (4 Lanes) 8:00am – 8:45am	
Water Exercise 9:00am-10:00am		Water Exercise 9:00am-10:00am		Water Aerobics 10:00am – 11:00am	Swim Lessons 9:00am-11:00am	
½ Lap Swim/ ½ Family Swim 11:15am – 4:45pm	½ Lap Swim/ ½ Family Swim 11:15am – 4:45pm	½ Lap Swim/ ½ Family Swim 11:15am – 4:45pm	½ Lap Swim/ ½ Family Swim 11:15am – 4:45pm	½ Lap Swim/ ½ Family Swim 11:15am – 4:45pm	½ Lap Swim/ ½ Family Swim 11:15am-4:00pm	½ Lap Swim/ ½ Family Swim 1:00pm – 3:00pm
Swim Lessons 5:00pm-7:00pm	Swim Lessons 5:00pm-7:00pm	Swim Lessons 5:00pm-7:00pm	Swim Lessons 5:00pm-7:00pm	Swim Lessons 5:00pm-7:00pm	Pool Closes 4:00pm	Pool Closes 3:00pm
½ Lap Swim/ ½ Family Swim 7:15pm – 8:00pm	½ Lap Swim/ ½ Family Swim 7:15pm – 8:00pm	½ Lap Swim/ ½ Family Swim 7:15pm – 8:00pm	½ Lap Swim/ ½ Family Swim 7:15pm – 8:00pm			
Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 7:00pm		

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer’s acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to “circle” swimming format.

Speed: Please choose a lane with swimmers that most nearly match your speed.

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