



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULES

Holly Hill Schedule Effective: July 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim/ Lap Swim 7:00am – 8:30am		Open Swim/ Lap Swim 7:00am – 8:35am		Open Swim/ Lap Swim 7:00am – 8:35am		Closed
Water Aerobics 8:30am – 9:15am	Water Aerobics 8:30am – 9:15am	Water Aerobics 8:30am – 9:15am	Water Aerobics 8:30am – 9:15am	Water Aerobics 8:30am – 9:15am	Open Swim/ Lap Swim Community Swim \$3.00 9:00am – 1:30pm	
Open Swim/ Lap Swim 9:30am – 1:00pm		Open Swim/ Lap Swim 9:30am – 1:00pm		Open Swim/ Lap Swim 9:30am – 1:00pm	Water Aerobics 9:15am – 10:00am	
Camp Swim 1:00pm – 3:00pm		Camp Swim 1:00pm – 3:00pm		Camp Swim 1:00pm – 3:00pm	Pool Closed 1:30pm	
Group Swim Lesson 4:30pm – 6:30pm	Group Swim Lesson 4:30pm – 6:30pm	Group Swim Lesson 4:30pm – 6:30pm	Group Swim Lesson 4:30pm – 6:30pm	Group Swim Lesson 4:30pm – 6:30pm		
Open Swim/ Lap Swim 4:30pm – 7:30pm	Open Swim/ Lap Swim 4:30pm – 7:30pm	Open Swim/ Lap Swim 4:30pm – 7:30pm	Open Swim/ Lap Swim 4:30pm – 7:30pm	Open Swim/ Lap Swim 4:30pm – 6:30pm		
Pool Closed 7:30pm	Pool Closed 7:30pm	Pool Closed 7:30pm	Pool Closed 7:30pm	Pool Closed 6:30pm		

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer’s acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to “circle” swimming format.

Speed: Please choose a lane with swimmers that most nearly match your speed.

Schedule is Subject to Change: Multiple activities are often scheduled in this pool at the same time.

Private Swim Lessons Scheduled With Instructor.

Color Code Key:

Basic
 Plus
 Premium
 Paid Program

HOLLY HILL FAMILY YMCA

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