



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULES

Southeast Volusia Schedule Effective: Aug 1-12 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim (4 Lap Lanes) 7:00am – 7:45am	Lap Swim (4 Lap Lanes) 7:00am – 8:45am	Lap Swim (4 Lap Lanes) 7:00am – 7:45am	Lap Swim (4 Lap Lanes) 7:00am – 8:45am	Lap Swim (4 Lap Lanes) 7:00am – 11:30am		
Water Aerobics 9:00am – 10:00am	Water Aerobics 9:00am – 10:00am	Water Aerobics 9:00am – 10:00am	Water Aerobics 9:00am – 10:00am		Lap Swim (4 Lap Lanes) 8:30am – 11:45am	
Lap Swim (4 Lap Lanes) 10:15am – 11:30am	Lap Swim (4 Lap Lanes) 10:15am – 11:30am	Lap Swim (4 Lap Lanes) 10:15am – 11:30am	Lap Swim (4 Lap Lanes) 10:15am – 11:30am		Open Swim Water Features until 3:30pm 12:00pm – 4:00pm	
Swim Lessons 8:45am – 9:45am	Swim Lessons 8:45am – 9:45am	Swim Lessons 8:45am – 9:45am	Swim Lessons 8:45am – 9:45am			
Open and Camp Swim 11:30am – 4:00pm	Open and Camp Swim 11:30am – 4:00pm	Open and Camp Swim 11:30am – 4:00pm	Open and Camp Swim 11:30am – 4:00pm	Open and Camp Swim 11:30am – 4:00pm		Open Swim Water Features until 3:30pm 1:00pm – 4:00pm
Lap Swim (4 Lap Lanes) 4:00pm – 8:00pm	Lap Swim (4 Lap Lanes) 4:00pm – 6:30pm	Lap Swim (4 Lap Lanes) 4:00pm – 8:00pm	Lap Swim (4 Lap Lanes) 4:00pm – 6:30pm	Lap Swim (4 Lap Lanes) 4:00pm – 7:00pm		
Swim Lessons 4:30pm – 6:30pm	Swim Lessons 4:30pm – 6:30pm	Swim Lessons 4:30pm – 6:30pm	Swim Lessons 4:30pm – 6:30pm			
Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 7:00pm		

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Speed: Please choose a lane with swimmers that most nearly match your speed.

Schedule is Subject to Change: Multiple activities are often scheduled in this pool at the same time.

Private Swim Lessons Scheduled With Instructor.

Color Code Key:

Basic
 Plus
 Premium
 Paid Program

SOUTHEAST VOLUSIA FAMILY YMCA

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