



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULES

DeLand Indoor Pool: Effective August 13–November 10

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Water Exercise 8:00am – 9:00am	Lap Swim 8:00-9:15	Water Exercise 8:00am – 9:00am	Lap Swim 8:00-9:15	Water Exercise 8:00am – 9:00am	Lap Swim (4 Lanes) 8:00am – 8:45am	
Water Exercise 9:00am-10:00am	Water Exercise 9:30am – 10:30am	Water Exercise 9:00am-10:00am	Water Exercise 9:30am – 10:30am	Water Exercise 9:00am-10:00am	Swim Lessons 9:00am-11:00am	
½ Lap Swim/ ½ Family Swim 11:15am – 5:15pm	½ Lap Swim/ ½ Family Swim 10:45am-11:30am	½ Lap Swim/ ½ Family Swim 11:15am – 5:15pm	½ Lap Swim/ ½ Family Swim 10:45am-11:30am	½ Lap Swim/ ½ Family Swim 11:15am – 5:15pm	½ Lap Swim/ ½ Family Swim 11:15am-4:00pm	½ Lap Swim/ ½ Family Swim 1:00pm – 3:00pm
	Pool Closed 11:30am-3:30pm		Pool Closed 11:30am-3:30pm			
Swim Lessons 5:30pm-7:30pm	Swim Lessons 3:30pm-5:30pm	Swim Lessons 5:30pm-7:30pm	Swim Lessons 3:30pm-5:30pm		Pool Closes 4:00pm	Pool Closes 3:00pm
	½ Lap Swim/ ½ Family Swim 5:45pm – 8:00pm		½ Lap Swim/ ½ Family Swim 5:45pm – 8:00pm			
Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 7:00pm		

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer’s acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to “circle” swimming format.

Speed: Please choose a lane with swimmers that most nearly match your speed.

Schedule is Subject to Change: Multiple activities are often scheduled in this pool at the same time.

Private Swim Lessons Scheduled with Instructor

Color Code Key:



DELAND FAMILY YMCA

761 E. International Speedway Blvd., DeLand, FL 32724
P 386.736.6000 | F 386.736.9622 | vfymca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULES

DeLand Outdoor Pool: Effective August 13–November 10

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim (6 Lap Lane) 5:30am – 9:45am	Lap Swim (6 Lap Lane) 5:30am – 8:30am	Lap Swim (6 Lap Lane) 5:30am – 9:45am	Lap Swim (6 Lap Lane) 5:30am – 8:30am	Lap Swim (6 Lap Lane) 5:30am – 9:45am		
Deep Water Aerobics 10:00am-11:00am	8:30-3:15 ½ Lap Swim ½ Family Swim	Deep Water Aerobics 10:00am-11:00am	8:30-3:15 ½ Lap Swim ½ Family Swim	Deep Water Aerobics 10:00am-11:00am	DeLand High School 6 Lanes 8:00-10:00	
Pool Closed 11:30-3:30		Pool Closed 11:30-3:30		Pool Closed 11:30-3:30	½ Lap Swim/ ½ Family Swim 10:15am – 4:30pm	½ Lap Swim/ ½ Family Swim 1:00pm – 4:30pm
DeLand High School 6 Lanes 3:30-5:30	DeLand High School 6 Lanes 3:30-5:30	DeLand High School 6 Lanes 3:30-5:30	DeLand High School 6 Lanes 3:30-5:30	DeLand High School 6 Lanes 3:30-5:30	Community Swim (\$3.00) 12:00pm – 4:30pm	
½ Lap Swim ½ Family Swim 5:45-8:30pm	½ Lap Swim ½ Family Swim 5:45-6:15pm	½ Lap Swim ½ Family Swim 5:45-8:30pm	½ Lap Swim ½ Family Swim 5:45-6:15pm	½ Lap Swim ½ Family Swim 5:45-7:30pm	Pool Closes 4:30pm	Pool Closes 4:30pm
	Y Swim League 6:30pm-7:15pm		Y Swim League 6:30pm-7:15pm			
	½ Family swim ½ Lap Swim 7:30pm-8:30pm		½ Family swim ½ Lap Swim 7:30pm-8:30pm			
Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 7:30pm		

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer’s acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to “circle” swimming format.

Speed: Please choose a lane with swimmers that most nearly match your speed.

Schedule is Subject to Change: Multiple activities are often scheduled in this pool at the same time.

Private Swim Lessons Scheduled with Instructor

Color Code Key:

Basic Plus Premium Paid Program

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