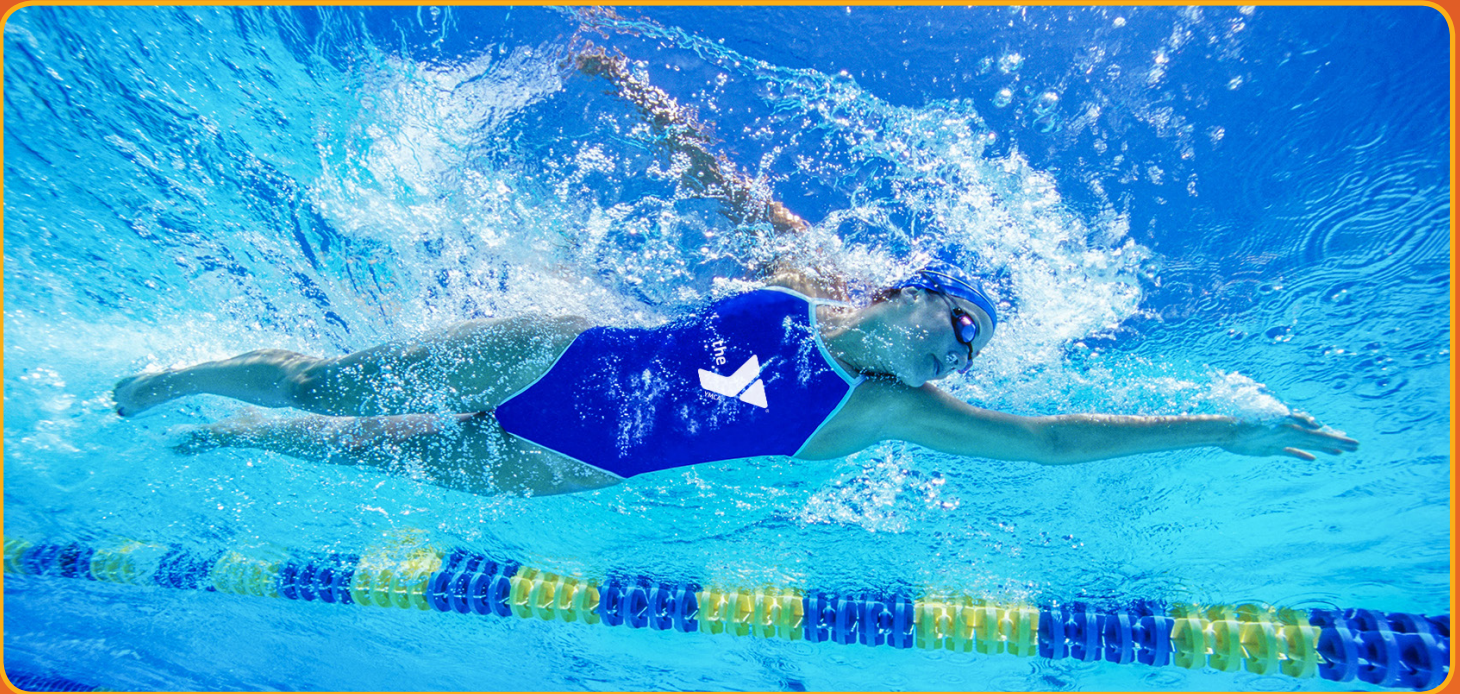




FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# FALL SWIM LEAGUE

## TEAM SPORTS AT THE Y BUILD CHARACTER AND SELF-ESTEEM

Participants of our kids swim league will work on stroke mechanics, proper starting technique, turns and finishes. Kids will not only learn the fundamentals and how to work together on a team, but also build self-confidence, endurance and strength for a brighter future.

**Details:** September - December  
Tuesday & Thursday evenings  
6:30 - 7:15 PM

**Monthly Rates:** Members \$50  
Community Participants \$75

**Ages:** 5 - 15

**Registration:** At the Membership Desk

**Requirements:** Swimmers must be able to complete green swim test by a certified YMCA lifeguard.

**For more information:** Please contact April La Foucade at [alafoucade@vfymca.org](mailto:alafoucade@vfymca.org) call 386-673-9622 or visit the Membership Desk

ORMOND BEACH FAMILY YMCA

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TOGETHER WE CAN BUILD A BETTER US