



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULES

Port Orange Schedule Effective: October 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Masters (8 Lanes) 5:00am - 6:15am	Open Swim 5:00am - 6:30am	Masters (8 Lanes) 5:00am - 6:15am	Open Swim 5:00am - 6:30am	Masters (8 Lanes) 5:00am - 6:15am		
Water Aerobics (Deep Water) 9:00am - 9:45am	Water Aerobics (Shallow Water) 10:15am - 11:00am	Water Aerobics (Deep Water) 9:00am - 9:45am	Water Aerobics (Shallow Water) 10:15am - 11:00am	Water Aerobics (Deep Water) 9:00am - 9:45am	Lap Swim 7:00 - 8:00am	
Water Aerobics (Shallow Water) 10:15-11:00am	Lap Swim (4 Lanes)	Water Aerobics (Shallow Water) 10:15-11:00am	Lap Swim (4 Lanes)	Water Aerobics (Shallow Water) 10:15-11:00am		
Lap Swim (8 Lanes) 11:30-1:30pm	Lap Swim (8 Lanes) 11:30-1:30pm	Lap Swim (8 Lanes) 11:30-1:30pm	Lap Swim (8 Lanes) 11:30-1:30pm	Lap Swim (8 Lanes) 11:30-1:30pm	Hydro 4 (8 short) 8:00am - 10:00am	
Spruce Creek (7 Lanes) 3:00-4:45pm	Spruce Creek (7 Lanes) 3:00-4:45pm	Spruce Creek (7 Lanes) 2:00-3:45pm	Spruce Creek (7 Lanes) 3:00-4:45pm	Spruce Creek (7 Lanes) 3:00-4:45pm		
Hydro 4 (7 Lanes) 3:30-4:30pm	Hydro 4 (7 Lanes) 3:30-4:30pm	Hydro 4 (7 Lanes) 2:30-3:30pm	Hydro 4 (7 Lanes) 3:30-4:30pm	Hydro 4 (7 Lanes) 3:30-4:30pm		
Lap Swim (2 lanes)	Lap Swim (2 lanes)	Lap Swim (2 lanes)	Lap Swim (2 lanes)	Lap Swim (2 lanes)		
Hydro 4 (15 Lanes) 4:45-5:30pm	Hydro 4 (15 Lanes) 4:45-5:30pm	Hydro 4 (15 Lanes) 4:45-5:30pm	Hydro 4 (15 Lanes) 4:45-5:30pm	Hydro 4 (15 Lanes) 4:45-5:30pm	Water Aerobics 10:30am - 11:15am	Open Swim 12-4:30pm
Hydro 4 (8 Lanes) 5:30-6:00pm	Hydro 4 (8 Lanes) 5:30-6:00pm	Hydro 4 (8 Lanes) 5:30-6:00pm	Hydro 4 (8 Lanes) 5:30-6:00pm	Hydro 4 (8 Lanes) 5:30-6:00pm		
Lap Swim (2 lanes)	Lap Swim (2 lanes)	Lap Swim (2 lanes)	Lap Swim (2 lanes)	Lap Swim (2 lanes)		
	Swim Team 6:30-7:30pm		Swim Team 6:30-7:30pm		Community Swim 12-4:30pm	Pool Closes 4:30pm
					Open Swim 11:30-4:30pm	
Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 7:30pm	Pool Closes 4:30pm	

Swim Meets:

October 13: Creek 5 Star - Pool Closed All Day

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Speed: Please choose a lane with swimmers that most nearly match your speed.

Schedule is Subject to Change: Multiple activities are often scheduled in this pool at the same time.

Color Code Key:



PORT ORANGE FAMILY YMCA

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