



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULES

Ormond Beach Schedule January 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Ormond Y Masters (8 lanes) 5:45am - 7:00am	Ormond Y Masters (8 lanes) 5:45am - 7:00am	Ormond Y Masters (8 lanes) 5:45am - 7:00am	Ormond Y Masters (8 lanes) 5:45am - 7:00am	Ormond Y Masters (8 lanes) 5:45am - 7:00am	Ormond Y Masters (6 lanes) 7:00am - 9:00am	
Lap Swim/ Open Swim 7:00am - 10:00am	Lap Swim/ Open Swim 7:00am - 10:00am	Lap Swim/ Open Swim 7:00am - 10:00am	Lap Swim/ Open Swim 7:00am - 10:00am	Lap Swim/ Open Swim 7:00am - 10:00am	Lap Swim (16 lanes) 7:00am - 10:00 am	
					Hydro4 (7 Lanes) 8:00-am-10:00am	
Water Aerobics 10:00am - 11:00am	Water Aerobics 10:00am - 11:00am	Water Aerobics 10:00am - 11:00am	Water Aerobics 10:00am - 11:00am	Water Aerobics 10:00am - 11:00am	Water Aerobics 10:00am - 11:00am	
					Community Swim (\$3.00) 10:00am - 4:30pm	
Masters Lunch Bunch (4 lanes) 12:00pm - 1:00pm		Masters Lunch Bunch (4 lanes) 12:00am - 1:00pm		Masters Lunch Bunch (4 lanes) 12:00pm - 1:00pm		Lap Swim/ Open Swim 12:00pm - 4:30pm
Lap Swim/ Open Swim 1:00pm - 3:00pm	Lap Swim/ Open Swim 1:00pm - 3:00pm	Lap Swim/ Open Swim 1:00pm - 3:00pm	Lap Swim/ Open Swim 1:00pm - 3:00pm	Lap Swim/ Open Swim 1:00pm - 3:00pm		
Hydro4 (15 Lanes) 3:30pm-6:15pm	Hydro4 (15 Lanes) 3:30pm-6:15pm	Hydro4 (15 Lanes) 3:30pm-6:15pm	Hydro4 (15 Lanes) 3:30pm-6:15pm	Hydro4 (15 Lanes) 3:30pm-6:15pm		
Master Swim + High School Swim (7 lanes) 5:30pm - 6:30pm	Water Aerobics 5:30pm - 6:30pm	Master Swim + High School Swim (7 lanes) 5:30pm - 6:30pm	Water Aerobics 5:30pm - 6:30pm	Master Swim + High School Swim (7 lanes) 5:30pm - 6:30pm		
	Y Swim League (3 lanes) 6:15pm-7:15pm		Y Swim League (3 lanes) 6:15pm-7:15pm			
Adult Lap Swim (8 lanes) 6:30 pm - 8:30pm	Adult Lap Swim (8 lanes) 6:30 pm - 8:30pm	Adult Lap Swim (8 lanes) 6:30 pm - 8:30pm	Adult Lap Swim (8 lanes) 6:30 pm - 8:30pm	Adult Lap Swim (8 lanes) 6:30 pm - 8:30pm		
Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 7:30pm	Pool Closes 4:30pm	Pool Closes 4:30pm

PLEASE BE ADVISED: THERE WILL BE A HIGH VOLUME OF SWIMMERS FROM 3:00PM-6:00PM

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Schedule is Subject to Change: Multiple activities are often scheduled in this pool at the same time.

Color Code Key:

Basic
 Plus
 Premium
 Paid Program

ORMOND BEACH FAMILY YMCA

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