



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BE PART OF THE TEAM

FOUR TOWNES FAMILY YMCA YOUTH SPORTS CALENDAR 2019

SEASON <small>(Schedule subject to change)</small>	SPRING 2019	SUMMER 2019	EARLY FALL 2019	LATE FALL 2019	WINTER 2019
SPORTS OFFERED	Soccer	Basketball Volleyball	Soccer	Flag Football Volleyball	Basketball
AGES OFFERED	3-17	Basketball: 4-17 Volleyball: 8-17	3-17	Flag Football: 4-17 Volleyball: 8-17	4-17
EARLY REGISTRATION	January 6 - February 24	April 1 - May 5	June 3 - July 21	August 25 - September 15	November 18 - December 16
OPEN REGISTRATION	February 25 - March 17	May 6 - May 26	July 22 - August 18	September 16 - October 20	December 17 - January 6
PRACTICES BEGIN (WEEK OF)	March 25	June 3	August 26	October 28	January 14
FIRST GAME	April 5/6	June 14/15	September 6/7	FF: Nov 9 VB: Nov 7	January 25/26
LAST GAME	May 24/25	August 2/3	October 18/19	FF: Dec 21 VB: Dec 19	March 8/9
YMCA MEMBER	\$50	\$50	\$50	\$50	\$50
PROGRAM PARTICIPANT	\$80	\$80	\$80	\$80	\$80
YMCA MEMBER <small>(after Early Registration)</small>	\$60	\$60	\$60	\$60	\$60
PROGRAM PARTICIPANT <small>(after Early Registration)</small>	\$90	\$90	\$90	\$90	\$90

VISIT VFYMCA.ORG FOR MORE DETAILS OR TO SIGN UP FOR YMCA YOUTH SPORTS

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WHY THE Y?

The YMCA Youth Sports philosophy is unique. We emphasize good sportsmanship, teamwork, values, and fellowship with others, alongside teaching sports skills. The three most important goals as a parent and a coach are to make sure each child is safe, has fun and learns the fundamentals of each sport. The YMCA has a modified league format to help ensure this philosophy is fostered:

- EACH PLAYER PLAYS AT LEAST HALF OF EVERY GAME
- EMPHASIS ON FUN & SKILL DEVELOPMENT BEFORE WINS & LOSSES
- MODIFIED GAME RULES THAT HELP YOUR CHILD DEVELOP THEIR SKILLS
- REFEREES WHO 'COACH' WHEN ENFORCING THE RULES OF THE GAME

PRACTICE INFORMATION

Each team practices one evening per week for one hour. Practices are held Monday-Thursday, with the earliest start time being 5pm. Generally the younger the age-group, the earlier the practice. When you register, you can request a day or time that works best for your schedule, as well as requesting a particular coach or teammate. Requests are filled on a first-come first-served basis. We provide balls and practice equipment here at the Y, and you are welcome to bring your own. Make sure you put your name on equipment you bring with you.

GAME INFORMATION

Games take place either on Friday evenings or Saturdays. All teams will play eight games during the season. In order to provide a great learning experience, ages 10-17 may be subject to a travel schedule with other local branches of the Volusia Flagler YMCA. This provides more depth to our leagues and a greater experience for each participant involved.

PLAYERSPACE

PlayerSpace reaches all parents in YMCA Youth Sports programs with weather, safety, emergency alerts, schedules, scores, game/practice alerts and more to phones or email addresses.

VOLUNTEER COACHES

Our coaches are background-screened volunteers who give back to their community through the sports that they love. They dedicate two hours a week to help kids develop skills, values and a love of the game. Benefits of Coaching:

- A coach will have more impact in one season than most people do in a lifetime
- Coaches have fun with the youth in their community
- Coaches get first pick of practice days/times

COACHES AND PARENTS CODE OF CONDUCT

- I truly understand that youth sports are intended for children and not for adults
- I will place the well-being of the players ahead of my personal desire to win
- I will treat each player with respect, & extend that respect to all parents, spectators and YMCA officials.
- I will demonstrate good sportsmanship and fair play towards all players, opponents and coaches.

**VOLUSIA FLAGLER FAMILY YMCA | VFYMCA.ORG
TOGETHER WE CAN BUILD A BETTER US**