



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULES

Ormond Beach Schedule May 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Ormond Y Masters (8 lanes) 5:45am - 7:00am	Ormond Y Masters (8 lanes) 5:45am - 7:00am	Ormond Y Masters (8 lanes) 5:45am - 7:00am	Ormond Y Masters (8 lanes) 5:45am - 7:00am	Ormond Y Masters (8 lanes) 5:45am - 7:00am	Long Course 7:00am-11:30am	
Lap Swim/ Open Swim 7:00am - 10:00am	Lap Swim/ Open Swim 7:00am - 10:00am	Lap Swim/ Open Swim 7:00am - 10:00am	Lap Swim/ Open Swim 7:00am - 10:00am	Lap Swim/ Open Swim 7:00am - 10:00am	Ormond Y Masters (6 lanes) 7:00am - 9:00am	
Group Swim Lessons 9:30am - 10:30am	Group Swim Lessons 9:30am - 10:30am	Group Swim Lessons 9:30am - 10:30am	Group Swim Lessons 9:30am - 10:30am		USRP RACERS (4 lanes) 9:30am-11:30am	
Water Aerobics 10:00am - 11:00am	Water Aerobics 10:00am - 11:00am	Water Aerobics 10:00am - 11:00am	Water Aerobics 10:00am - 11:00am	Water Aerobics 10:00am - 11:00am		
					Lane Change 11:30am-12:30pm	
Masters Lunch Bunch (4 lanes) 12:00pm - 1:00pm		Masters Lunch Bunch (4 lanes) 12:00pm - 1:00pm		Masters Lunch Bunch (4 lanes) 12:00pm - 1:00pm	Lap Swim/ Open Swim 7:00am - 4:30pm	Lap Swim/ Open Swim 12:00pm - 4:30pm
Lap Swim/ Open Swim 1:00pm - 3:00pm	Lap Swim/ Open Swim 1:00pm - 3:00pm	Lap Swim/ Open Swim 1:00pm - 3:00pm	Lap Swim/ Open Swim 1:00pm - 3:00pm	Lap Swim/ Open Swim 1:00pm - 3:00pm	Community Swim (\$3.00) 12:00pm - 4:30pm	
	Long Course Lane Change 3:00pm-4:00pm	Afterschool Swim 2:00pm-3:30pm		Long Course Lane Change 3:00pm-4:00pm		
Hydro4 (8 Lanes) 4:30pm-6:15pm	Hydro4 (8 Lanes) 4:30pm-6:15pm	Hydro4 (8 Lanes) 4:30pm-6:15pm	Hydro4 (8 Lanes) 4:30pm-6:15pm	Hydro4 (8 Lanes) 4:30pm-6:15pm		
Master Swim + High School Swim (7 lanes) 5:30pm - 6:30pm		Master Swim + High School Swim (7 lanes) 5:30pm - 6:30pm		Master Swim + High School Swim (7 lanes) 5:30pm - 6:30pm		
Group Swim Lessons 5:00pm - 6:30pm	Group Swim Lessons 5:00pm - 6:30pm	Group Swim Lessons 5:00pm - 6:30pm	Group Swim Lessons 5:00pm - 6:30pm			
Water Aerobics 5:30pm-6:30pm	Y Swim League (3 lanes) 6:15pm-7:15pm		Water Aerobics 5:30pm-6:30pm			
	Adult Lap Swim (8 lanes) 7:30 pm - 8:30pm		Y Swim League (3 lanes) 6:15pm-7:15pm			
Adult Lap Swim (8 lanes) 6:30 pm - 8:30pm	Lane Change 8:30pm	Adult Lap Swim (8 lanes) 6:30 pm - 8:30pm	Adult Lap Swim (8 lanes) 6:30 pm - 8:30pm	Adult Lap Swim (8 lanes) 6:30 pm - 8:30pm		
Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 8:30pm	Pool Closes 7:30pm	Pool Closes 4:30pm	Pool Closes 4:30pm

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Schedule is Subject to Change: Multiple activities are often scheduled in this pool at the same time.

Private Swim Lessons Scheduled with Instructor

Color Code Key:

Basic Plus Premium Paid Program

ORMOND BEACH FAMILY YMCA

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