



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULES

Four Townes Schedule April 27th to June 1st

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim/ Open Swim (3 Lanes) 7:00am – 11:00am	Lap Swim/ Open Swim (3 Lanes) 7:00am – 11:00am	Lap Swim/ Open Swim (3 Lanes) 7:00am – 11:00am	Lap Swim/ Open Swim (3 Lanes) 7:00am – 11:00am	Lap Swim/ Open Swim (3 Lanes) 7:00am – 11:00am		
Water Aerobics 8:00am – 8:45am		Water Aerobics 8:00am – 8:45am		Water Aerobics 8:00am – 8:45am		
	Water Aerobics 9:00am – 9:45am		Water Aerobics 9:00am – 9:45am		Lap Swim/ Open Swim (3 Lanes) 9:00am – 4:30pm	
Pool Closed (11:00am-3:30pm)	Pool Closed (11:00am-3:30pm)	Pool Closed (11:00am-3:30pm)	Pool Closed (11:00am-3:30pm)	Pool Closed (11:00am-3:30pm)		
					\$3 Community Swim 12:00pm – 4:30pm	Lap Swim/ Open Swim (3 Lanes) 1:00pm – 4:30pm
Lap Swim/ Open Swim (3 Lanes) 3:30pm – 7:30pm	Lap Swim/ Open Swim (3 Lanes) 3:30pm – 7:30pm	Lap Swim/ Open Swim (3 Lanes) 3:30pm – 7:30pm	Lap Swim/ Open Swim (3 Lanes) 3:30pm – 7:30pm	Lap Swim/ Open Swim (3 Lanes) 3:30pm – 7:30pm	Pool Closes 4:30pm	Pool Closes 4:30pm
Swim Lessons 5:30pm – 7:00pm	Swim League 6:30pm – 7:15pm	Swim Lessons 5:30pm – 7:00pm	Swim League 6:30pm – 7:15pm			
Pool Closes 7:30pm	Pool Closes 7:30pm	Pool Closes 7:30pm	Pool Closes 7:30pm	Pool Closes 7:30pm		

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Speed: Please choose a lane with swimmers that most nearly match your speed.

Schedule is Subject to Change: Multiple activities are often scheduled in this pool at the same time.

Color Code Key:

Basic
 Plus
 Premium
 Paid Program

FOUR TOWNES FAMILY YMCA

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