CVO, John Meneough, and CEO and President, Teresa Rand, show their “Ys up” with YMCA After School program participants.

PAST, PRESENT & FUTURE
CELEBRATING 170 YEARS OF SERVICE NATIONALLY ▾ 96 YEARS LOCALLY

THE VOLUSIA FLAGLER FAMILY YMCA ▾ 2014 ANNUAL REPORT
Dear Y Supporter,

The Y movement is alive and well in our region, and we are pleased to share with you some of the highlights of our impact in this community from 2014. For the last 96 years, the Y has offered services to address unmet needs in the Volusia Flagler region, just as the Y movement has served other communities across the U.S. for the past 170 years. We are proud to be a part of a national organization with such a rich history of community service. We hope you enjoy this year’s Annual Report as it takes you on a journey from the Y’s humble beginnings in London to our present day impact right here in our own backyard.

Of course, the Volusia Flagler Family YMCA could not serve so many in our region without the generous support of our donors and volunteers. Throughout our history, we have relied on those in our community with similar convictions about service for those in need to help us put our mission into action. Thank you for working with us to ensure that our neighbors have a place to make healthy living a priority, that our children have the support needed to develop a healthy spirit, mind and body, and that our area never loses its drive to serve those with the greatest needs among us.

The work we do today helps to ensure that our next 96 years are even more impactful than the first!

Sincerely,

John Meneough
Chief Volunteer Officer

Teresa Rand
President and CEO
Today, the Y is one of the nation’s leading nonprofit organizations strengthening communities through youth development, healthy living and social responsibility. Across the United States, 2,700 Ys engage 21 million men, women and children – regardless of age, income or background – to nurture the potential of children and teens, improve the nation’s health and well-being and provide opportunities to give back and support neighbors. Anchored in more than 10,000 communities, the Y has the long-standing relationships and physical presence not just to promise, but to deliver lasting personal and social change.

In 1844, industrialized London was a place of great turmoil and despair. For the young men who migrated to the city from rural areas to find jobs, London offered a bleak landscape of tenement housing and dangerous influences. Twenty-two-year-old George Williams, a farmer-turned-department store worker, was troubled by what he saw. He joined 11 friends to organize the First Young Men’s Christian Association (YMCA), a refuge of Bible study and prayer for young men seeking escape from the hazards of life on the streets.

Years later, retired Boston sea captain Thomas Valentine Sullivan, working as a marine missionary, noticed a similar need to create a safe “home away from home” for sailors and merchants. Inspired by the stories of the Y in England, he led the formation of the first U.S. YMCA at the Old South Church in Boston on December 29, 1851.

In London, George Williams and 11 friends were compelled to help young men find what they felt: God’s grace.
Building strength and endurance, learning stress reduction techniques and healthful habits, these are just a few of the reasons why cancer survivor Oscar Chartrand joined the LIVE STRONG program at the Port Orange Family YMCA.

“I was just existing before. Now, I love to run, I love to work out. I’m getting in the best shape of my life,” said Chartrand.

The 54-year-old hadn’t felt well for months. Then a serendipitous trip to the dentist revealed throat cancer. During his first oncology visit, “I started chemotherapy that day. It was over his cancer went into remission, but the treatments had taken a toll on his health. Then he noticed a news article about LIVE STRONG. “After my cancer I was kind of lost, I didn’t know what to do. I came here just a shell of a person.”

“The LIVE STRONG program was brought to the Port Orange Family YMCA just over a year ago. It’s a 12-week program, four classes twice a week, morning and evening, focused on rebuilding strength, rebuilding endurance. But there’s a special component to the program that comes about. The participants range from 20 to 70 years old and the relationships that form are everlasting,” said Randolyn Haley, YMCA district wellness director.

“Cancer tends to be a journey you do alone. At the YMCA you’re recovering, you’re healing, you’re getting stronger, you’re getting healthier, and you begin to focus on what’s ahead. LIVE STRONG has touched over 60 people’s lives in the past year and it’s doing nothing but gaining momentum.”

“When Oscar first came to us one of his goals was just to work again. A month ago he ran a 5K. To see him in here two, three times a week, his butt getting healthy, getting strong and getting confident again. This is the best job in the world to be able to impact lives like this,” said Haley.

“LIVESTRONG saved my life. It’s not just the physical part, it’s making connections, it’s family. It’s a bond that’s forever.”

Chartrand went through four months of chemotherapy and 35 rounds of radiation. His 6-foot frame was down to 142 pounds. When it was over his cancer went into remission, but the treatments had taken a toll on his health. Then he noticed a news article about LIVE STRONG. “After my cancer I was kind of lost, I didn’t know what to do. I came here just a shell of a person.”

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“LIVESTRONG saved my life. It’s not just the physical part, it’s making connections, it’s family. It’s a bond that’s forever. I tell everybody about LIVESTRONG. I tell everybody you can do it, too,” said Chartrand.

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YMCA district wellness director, Randolyn Haley and Oscar Chartrand.
Camping became a cornerstone of YMCA programming when the YMCA started Camp Dudley, America’s first known summer camp program, at Orange Lake, N.Y. The Robert L. Voges Memorial Fund is supported by individuals, families, and organizations who are committed to providing children, regardless of their financial status, an opportunity to experience the wonder of residential camp at Camp Winona. These donors represent a diverse group of both old and young who have discovered that it is never too early or too late to make a long-term impact at the Y.

Designed to promote Christian character through fostering speech, sportsmanship and scholastic achievement, the Chapman, Kansas YMCA developed the Hi-Y club for high-school boys.

YMCA instructor William Morgan thought basketball was too strenuous for businessmen, so he blended elements of basketball, tennis and handball, and called his invention “mintonette.” The name “volley ball” was first used to describe the back-and-forth manner in which the ball flew over the net. Today, more than 46 million Americans play volleyball.

YMCA’s School for Christian Workers becomes Springfield College and would become the nation’s only training center and innovator of physical education in the country.

Springfield College director, Dr. Luther Gulick, gave physical education teacher James Naismith two weeks to come up with an indoor winter game. Naismith hung peach baskets to the bottom of a second-level running track and taught the men his new game: basketball. Today, basketball is second only to soccer as the most popular sport in the world.
In January, the Volusia Flagler Family YMCA and Bethune-Cookman University joined in a Memorandum of Understanding, bringing the two organizations together to encourage youth, to develop social responsibility and to make the community a better place.

“It was always intended for our students to go out and impact the world, be a part of the community and make the world a better place,” said Rev. John Baldwin II, presidential policy advisor at B-CU.

Baldwin is excited about the partnership. Pairing with the YMCA will give B-CU students internship opportunities where they can put what they’ve learned in the classroom to use in a real-world setting.

“We have been working on our partnership and developing our relationship for many years. As a matter of fact, the YMCA has had a longstanding involvement with B-CU and there are plaques on our campus dating back to 1973 honoring the YMCA and the YWCA.”

“This is all a part of the vision of our president, Dr. Edison O. Jackson, who is pushing for a radical transformation, not only of this campus and this university but for our community, and he is advocating for our students to engage in quality civic engagement as a means of doing that.”

B-CU recently qualified for membership in the National Council of YMCA’s of the United States of America and was designated a “Campus Y.”

“A Campus Y is not a facility in the traditional sense but rather a hub for community outreach and service,” said Teresa Rand, President and CEO of the Volusia Flagler Family YMCA. B-CU’s Campus Y designation is expected to be announced shortly.

B-CU students will also have opportunity to volunteer for the Y Reads! program helping students at Turie T. Small Elementary with their reading comprehension skills.

“B-CU’s motto of ‘enter to learn, depart to serve’ will be a fitting call-to-action for student involvement,” said Rand.

“Both of our organizations have been founded on Christian principles and we believe in honoring those principles of love, of compassion... so we can support a generation of leaders in our communities. We are very dedicated to developing social responsibility in our students as we train them to become global leaders. They are encouraged to go out and connect with non-profits, our school district and to begin to address some of the social and critical issues that are impacting our community and the development of a standard of living that is afforded to all people in our area,” said Baldwin.
Lake Holland was struggling in school. "His grades were low and he was really behind in his reading. The year before he had to go to summer school to help him pass first grade," said Teresa Turner, his mother. "He could read the words, but he really couldn't tell you what the story was about after he read it," said Tambrina McCants about her son, Kenya Gray.

Eight-year-old Gray and seven-year-old Holland are now in the Y Reads! program at Turie T. Small Elementary. That’s where they met YMCA volunteer Shirley Edwards. Edwards, a retired Volusia County Schools guidance counselor, has been a YMCA member since 2003. During a recent Yoga class Y Reads! Coordinator Lisa Hubach told the class about Y Reads! and asked if anyone wanted to volunteer. Edwards was hesitant at first, wondering how she would fit the two-hour twice-a-week reading program into her schedule. After discussing it with her husband, Edwards jumped in. Now she opens doors to better reading skills for students including Holland and Gray.

Edwards helps the students with their reading comprehension, helping them understand the plot of a story and recognizing main characters.

"Many of the students have not accomplished the basics. They’re trying to develop the skills for recognizing different sounds or endings of words. Some of them grasp it right away and others are still struggling. We have to have patience and keep working with them so they can improve," said Edwards. "Y Reads! is an evidence-based program that helps students achieve State of Florida’s reading standards. Y Reads! improves the development of the whole child, building self-esteem and helping them grow not only as readers but as productive citizens. Y Reads! is funded by community partnerships and offered to students at no cost. Because of Y Reads!, "Kenya’s become a stronger reader. He enjoys reading more. Education is important to me and I want my child to be successful with education and when he grows up," said McCants.

"Blake went from D’s up to straight B’s. I just got his progress report and he’s at B’s and A’s," said Turner. "When we do homework he can actually read the directions now and I think that’s what’s helping him. Reading the directions and understanding what he’s doing, it plays a big role. "When they can read out loud and feel good about it, that’s exciting. That’s rewarding to me," said Edwards.

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Blake Holland, 7 and Caleb Taylor, 8, (at right) get reading comprehension help from YMCA volunteer Shirley Edwards during Y Reads! at Turie T. Small Elementary.
Experiencing Life to the Fullest

Get up and work everyday." That's good advice from Elizabeth Durant. The DeLand resident turned 106 in January and recently joined Silver Sneakers at the DeLand Family YMCA with her 75-year-old daughter, Jacquelyn Jenkins.

"Her mind is still good. Her health is still good. She doesn't even take an aspirin. I didn't want her to sit here and waste away watching the cars go by," said Jenkins.

Durant was born in DeLand in 1909. Her mother was from DeLand, too. Her father came from North Carolina and supported his family by picking oranges and hauling wood. Durant is the fourth of ten children. She graduated the eighth-grade and went to work cleaning houses. She married at age 23 and had one child, her daughter Jacquelyn. Durant lived on her own until 2014 when she moved in with Jacquelyn.

"I didn't smoke, I didn't drink and I work hard. That's about the best I can do," said Durant when asked why she thinks she's a healthy 106. To keep her mind active Durant attends church, hand sews quilts and plays card games.

Silver Sneakers is more than just an exercise class, it's "experiencing life to the fullest," said instructor Jean Bergen. "We work strongly on socialization. The first thing I do is introduce newbies and they're part of our group at that point."

"It's never too old to start exercising. Age is just a number. Getting together, socializing... Silver Sneakers is a wonderful platform to experience life to its fullest."
It started in 1919 at a meeting in New Smyrna Beach to create the Volusia Flagler Family YMCA. It has been a vital part of the communities it serves, for nearly 100 years now. A brief history - Three years after that first meeting, in 1922, the old Castleman building on Beach Street became the Triple Cities – Daytona, Daytona Beach and South Daytona – YMCA. Those cities later incorporated and became the present city of Daytona Beach. By 1930, Triple Cities YMCA became the Halifax Association. It was later renamed the Daytona Beach YMCA. Deland’s YMCA opened in 1967 in a two-room suite. Swim lessons were held in nearby backyard pools. The Deland location burned down in 1972 and a new facility opened on Spring Garden Avenue two years later. Daytona Beach got a brand new YMCA building in 1975, followed by a new DeLand YMCA in 1979 and new YMCAs sprouting up in Crescent City, Ormond Beach, Port Orange and Deltona over the next ten years.

Kathy Ambachtsheer has been affiliated with the YMCA since 1994. “I wanted to start a family organization that did camping and service to the community.” She approached the DeLand Family YMCA and started the first Earth Service Corps there. “DeLand was a small, local YMCA. It had one pool and we didn’t have the big wellness center that’s there now. It was just a nice community place. Everybody belonged to the Y and there was a place for everybody.” In 2008 Ambachtsheer helped facilitate a big change in the organization. The executive directors for both the East and West Volusia YMCAs had moved on. Maybe it was time to merge the county YMCAs. “We got both organizations together and chatted and said ‘let’s do it.’” During tough economic times I think it’s been pivotal to the organization and made it stronger.

Dean O’Brien has been going to YMCAs since he was a kid. His sons also grew up at the YMCA. “It’s a safe place for all kinds of activities, basketball, swimming or just connecting with your friends. There’s a feeling of community there. When you walk in everybody knows you.”

O’Brien says today’s YMCA is vital to community health. “The YMCA fills the gap in so many areas, all the programs they offer for older people and younger people. The YMCA is always looking at how they can help the community. It’s not about money; it’s about providing services to the community. I just think the Y is a great non-profit organization. There are so many programs from the diabetes prevention program, high school law and government, the Parkinson’s program, their partnership with Bethune-Cookman University, volunteerism and youth sports. All these programs and the YMCA finds a way to do it.”

Charlie Lydecker has been part of the YMCA family for 25 years. He is making strides to take the YMCA into the future. “My first impression was the YMCA had a family atmosphere that is very appealing.” Lydecker is chair of the Y’s Capital Campaign, which will ultimately result in improvements at several Y Centers, the first being the revitalized Ormond Beach facility. “The YMCA as you know it today will be entirely different,” said Lydecker.
Construction to expand the pool there has already begun. “Changes will include a half-mile people/doggie fitness trail and dog park. It will have a totally revamped wellness center. We’ll also have a rehabilitation facility there.” Plans include adding a 3,000-square-foot community center.

“Supporting the YMCA is important,” said Lydecker. “The YMCA supports all ages of our community from young kids to retirees and senior citizens and everybody in between.”

“I just think our community deserves to have first-class Ys. You can either complain or put your money where your mouth is and make it happen. I chose the latter,” said Lydecker. The future of the Volusia Flagler YMCA is bright and growth is happening.

“Things are already happening in Port Orange, Southeast Volusia and Camp Winona. It’ll be a progression as we go down the road. The YMCA just helps a lot of people and I think it’s important for all of us to give back,” said John Meneough, chief volunteer officer.

“We raise funds every year to make sure every child and every senior and every family can have a Y experience,” said Volusia Flagler Family YMCA President and CEO Teresa Rand. “I see us doing more and more working with youth and continuing to focus on not just our facilities but getting outside our facilities. The Y started as a cause, it is a cause and it will always be a cause, and that cause is to make our community a better place.”

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It’s been nearly 100 years since Camp Winona began. If the camp could talk it would most likely tell stories of kids in canoes, sleeping under the stars, catching bugs, learning about nature and it would probably recall every laugh from every happy child.

In 1919, then General Director of the Daytona Beach YMCA, L.R. Reynolds, found a pristine spot on the edge of Lake Winona in DeLeon Springs and pitched tents there with several boys from the Y. Reynolds liked it so well that in 1920 the YMCA obtained 40 acres on Lake Winona and Camp Winona was born. The new camp would be used by the county’s three Y locations, New Smyrna Beach, Daytona Beach and DeLand. Old camp photos show boys in bathing suits jumping into the lake off docks built by local civics clubs.

Ten years later electricity was added to the camp. In the 1930s, as stories go, campers liked scary tales around the campfire. Tales included the legend of Chief Oskeewahwah whose tribe once lived on the shore there. It seems the old chief’s spirit would come light a campfire if the campers called to him.

Sometime in the 1960s, girls were welcomed and fun in the sun ensued co-ed. Jump ahead to 2015 and Camp Director Blaine Wheeler is looking forward to his first full summer there. Wheeler, a camper since he was a child, knows how to create a great camp experience.

“We are striving to make a difference in kids’ lives, to teach them and give them positive role models”

“I wanted to be at camp. It’s in my blood. To be part of that 100-year anniversary is what I’m looking forward to,” said Wheeler. Wheeler has been researching the camp’s history to find “some traditions from years ago we can bring back now.” Things may change over the years, but today’s campers continue to get an old-fashioned experience at Camp Winona; they live in cabins, swim in the lake, eat in the dining hall and make new friends.

“A NEW DAY IS DAWNING AT YMCA CAMP WINONA

“We are striving to make a difference in kids’ lives, to teach them and give them positive role models”

“We are striving to make a difference in kids’ lives, to teach them and give them positive role models and positive examples. We all take a little bit of this camp magic with us. They’re going to go home with worth, values. We want to help them reach their God-given potential. We’re here to help with memories that last a lifetime.”

The Volusia County YMCA obtained a 40-acre tract of land on Lake Winona. It became Camp Winona.

Electricity was added to Camp Winona.

A water system and cooking facilities were added to Camp Winona.

Camp Winona became co-ed.

International campers and counselors expanded the Camp Winona Family worldwide.

Additions of the Ropes/Challenge Course, Outdoor Education, Paintball, Conference Camp and special programs for teens and families expand services.

Air conditioning and heat were added to the cabins, the Dining Hall and upgrade to the Nurses Station.

Camp Winona will celebrate its Centennial Anniversary of serving youth and families.

The Volusia County YMCA obtained 40 acres on Lake Winona and Initiated a camping tradition that continues today.

Camp Winona opened its doors to boys 7-17 years of age.

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1919

1921

1947

1969

2019

1920

1931

1968

2004

2012

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2014 DONATED DOLLARS AT WORK $925,939
Youth Sports & Aquatics $20,561
Afterschool Enrichment & Summer Day Camp $130,268
Membership & Healthy Living $715,110

PROGRAM EXPENSES
All Funds Dollars in Thousands
Youth Development............. 2,368
Healthy Living.................. 5,479
Social Responsibility.......... 292
Total.............................. 8,139

COMMITED TO EXCELLENCE

BRANCH BOARD MEMBERS

DELAND FAMILY YMCA
Jill Carroll
Melodee Clarke
Wade Edwards
Steve Farmer**
Tiffany Freed
Alice Fogle
Wade Edwards
Belinda Huttmann
John Terhune
Tony Tolvo
Nelle Tyrrell

ORMOND BEACH FAMILY YMCA
Cindy Bourgeois
Amy Byrd Donlick
Patty Fennell – Hoffman
Alice Gerkin
Chris Livingston
David Particelli
Brian Pohl
Troy Railsback**
Michael Randall
Dr. Jeffrey Smith
Steve Stripling
Tony Trolano
Mary Woodford

SOUTHEAST VOLUSIA FAMILY YMCA
Fred Baker
Sheri-Ann Bates**
Faye Caddell
Jack DeRosier
Nancy Evolga
Jack Grasty
Mike Igiasia
George Lieb
Michael Meehl
Don Parkinson
Joliene Smith
Kaye Walker
Kim Yaney

PORT ORANGE FAMILY YMCA
Drew Bastian
Jordan Clancy
William Copeland
Mitch Cox
Deborah Donadio
Hallie Garcia
Graham Gilchrist
Jason Glenn
Jordan Jolly
Michele Jordan
Georgann Luxion
Rebecca McCracken
Michael Moore

YMCA CAMP WINONA
Kathy Ambachtsheer*
Sande Bautista**
Charlie Cobb
Gary Cornell
Steve Crump
Samuel Eckhardt
Jessica Fox
Tom O’Quinn
A. Gregg Pifer

*Also on corporate board
**Family Center board chair

COMMUNITY SUPPORT

EXPENSES
All Funds Dollars in Thousands
Supported by donors 38.1%
Funded by United Way 14.5%
Supported by Public & Private 17.0%
Unfunded 30.4%

INDIVIDUALS SERVED 41,560

STATEMENT OF FINANCIAL POSITION
All Funds Dollars in Thousands

ASSETS
Cash & Cash Equivalents $978
Accounts Receivable 567
Investments 123
Land, building and equipment, net 8,683
Other Assets 1,533
TOTAL ASSETS 11,975

LIABILITIES
Accounts Payable $280
Other Current liabilities 1,730
Deferred revenue 26
Long-term debt 4,118
TOTAL LIABILITIES 6,154

NET ASSETS 5,821
TOTAL LIABILITIES & NET ASSETS 11,975

REVENUE AND PUBLIC SUPPORT
Public Support $2,142
Membership dues 4,814
Program Fees 2,713
Other revenue 24
TOTAL REVENUE AND SUPPORT 9,693

EXPENSES
All Funds Dollars in Thousands
Program services $8,282
Administrative 1,294
Fundraising 214
TOTAL EXPENSES 9,791

CHANGE IN NET ASSETS
FROM OPERATIONS $(97)
OTHER INCOME (LOSS) $(37)
TOTAL CHANGE IN NET ASSETS (134)
The mission of the YMCA is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.