



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULES

Southeast Volusia Schedule Effective: June 8th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim (4 Lap Lanes) 7:30am – 8:50am	Lap Swim (4 Lap Lanes) 7:30am – 8:50am	Lap Swim (4 Lap Lanes) 7:30am – 8:50am	Lap Swim (4 Lap Lanes) 7:30am – 8:50am	Lap Swim (4 Lap Lanes) 7:30am – 8:50am		
Y Swim League (2 Lap Lanes) 7:45am-8:30am		Y Swim League (2 Lap Lanes) 7:45am-8:30am				
Water Aerobics 9:00am – 10:00am	Water Aerobics 9:00am – 10:00am	Water Aerobics 9:00am – 10:00am	Water Aerobics 9:00am – 10:00am	Water Aerobics 9:00am – 10:00am	Lap Swim (4 Lap Lanes) 8:00am – 12:45am	POOL
Lap Swim (4 Lap Lanes) 10:15am – 1:00pm	Lap Swim (4 Lap Lanes) 10:15am – 11:30am	Lap Swim (4 Lap Lanes) 10:15am – 11:30am	Lap Swim (4 Lap Lanes) 10:15am – 11:30am	Lap Swim (4 Lap Lanes) 10:15am – 11:30am	Pool Closes 1:00pm	CLOSED
Group Swim Lessons 10:15am-11:55am	Group Swim Lessons 10:15am-11:55am	Group Swim Lessons 10:15am-11:55am	Group Swim Lessons 10:15am-11:55am			
CLOSED FOR CAMP SWIM 1:00pm-3:00pm	CLOSED FOR CAMP SWIM 1:00pm-3:00pm	CLOSED FOR CAMP SWIM 1:00pm-3:00pm	CLOSED FOR CAMP SWIM 1:00pm-3:00pm	CLOSED FOR CAMP SWIM 1:00pm-3:00pm		
Lap Swim (4 Lap Lanes) 3:00pm – 6:45pm	Lap Swim (4 Lap Lanes) 3:00pm – 6:45pm	Lap Swim (4 Lap Lanes) 3:00pm – 6:45pm	Lap Swim (4 Lap Lanes) 3:00pm – 6:45pm	Lap Swim (4 Lap Lanes) 3:00pm – 5:45pm		
Group Swim Lessons 4:15pm-5:30pm	Group Swim Lessons 4:15pm-5:30pm	Group Swim Lessons 4:15pm-5:30pm	Group Swim Lessons 4:15pm-5:30pm			
	Y Swim League (2 Lap Lanes) 6:00pm-6:45pm		Y Swim League (2 Lap Lanes) 6:00pm-6:45pm			
Pool Closes 7:00pm	Pool Closes 7:00pm	Pool Closes 7:00pm	Pool Closes 7:00pm	Pool Closes 6:00pm		

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer’s acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to “circle” swimming format.

Speed: Please choose a lane with swimmers that most nearly match your speed.

Schedule is Subject to Change: Multiple activities are often scheduled in this pool at the same time

Color Code Key:

- Basic
- Plus
- Premium
- Paid Program

SOUTHEAST VOLUSIA FAMILY YMCA

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