



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULES

Holly Hill Schedule Summer

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|--|--|--|--|---|--------|
| Open Swim/ Lap Swim 7:00am – 8:00am | Open Swim/ Lap Swim 7:00am – 8:00am | Open Swim/ Lap Swim 7:00am – 8:00am | Open Swim/ Lap Swim 7:00am – 8:00am | Open Swim/ Lap Swim 7:00am – 8:00am | | Closed |
| Water Aerobics 8:00-8:45am 9:00-9:45am | Water Aerobics 8:00-8:45am 9:00-9:45am | Water Aerobics 8:00-8:45am 9:00-9:45am | Water Aerobics 8:00-8:45am 9:00-9:45am | Water Aerobics 8:00-8:45am 9:00-9:45am | Open Swim/ Lap Swim Community Swim \$3.00 9:00am – 1:30pm | |
| Open Swim/ Lap Swim 10:00 – 1:00pm | Open Swim/ Lap Swim 10:00 – 1:00pm | Open Swim/ Lap Swim 10:00 – 1:00pm | Open Swim/ Lap Swim 10:00 – 1:00pm | Open Swim/ Lap Swim 10:00 – 1:00pm | | |
| Camp Swim 1:00pm-3:00pm | Camp Swim 1:00pm-3:00pm | Camp Swim 1:00pm-3:00pm | Camp Swim 1:00pm-3:00pm | Camp Swim 1:00pm-3:00pm | 1:30pm Pool Closed | |
| Group Swim Lesson 5:00pm-6:30pm | Group Swim Lesson 5:00pm-6:30pm | Group Swim Lesson 5:00pm – 6:30pm | Group Swim Lesson 5:00pm-6:30pm | Group Swim Lesson 5:00pm-6:30pm | | |
| Open Swim/ Lap Swim 5:00-7:30pm | Open Swim/ Lap Swim 5:00-7:30pm | Open Swim/ Lap Swim 5:00-7:30pm | Open Swim/ Lap Swim 5:00-7:30pm | Open Swim/ Lap Swim 5:00-6:30pm | | |
| Pool Closed 7:30pm | Pool Closed 7:30pm | Pool Closed 7:30pm | Pool Closed 7:30pm | Pool Closed 6:30pm | Pool Closed 1:30pm | |

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer’s acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to “circle” swimming format.

Speed: Please choose a lane with swimmers that most nearly match your speed.

Schedule is Subject to Change: Multiple activities are often scheduled in this pool at the same time.

Private Swim Lessons Scheduled With Instructor.

Color Code Key:



HOLLY HILL FAMILY YMCA

1046 Daytona Avenue, Holly Hill, FL 32117
P 386.253.5675 | F 386.255.5426 | vfymca.org

