



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULES

Port Orange Schedule Effective: June 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
RISE/Masters 5:00-6:30am Open Swim (4 Lanes)	Open Swim 5:00-5:45am (16 Lanes)	RISE/Masters 5:00-6:30am Open Swim (4 Lanes)	Open Swim 5:00-5:45am (16 Lanes)	RISE/Masters 5:00-6:30am Open Swim (4 Lanes)		
RISE/Hydro 4 Blue/Senior 6:30-8:00am Open Swim (4 Lanes)	Open Swim 6:00-6:45am (16 Lanes)	RISE/Hydro 4 Blue/Senior 6:30-8:00am Open Swim (4 Lanes)	Open Swim 6:00-6:45am (16 Lanes)	RISE/Hydro 4 Blue/Senior 6:30-8:00am Open Swim (4 Lanes)	Lap Swim 8-10:45 am	
RISE/Hydro 4 White 7:00-8:00am Open Swim (4 Lanes)	Open Swim 7:00-7:45am (16 Lanes)	RISE/Hydro 4 White 7:00-8:00am Open Swim (4 Lanes)	Open Swim 7:00-7:45am (16 Lanes)	RISE/Hydro 4 White 7:00-8:00am Open Swim (4 Lanes)		
Y Swim League 8:00-8:45am Open Swim (6 Lanes)	Open Swim 8:00-8:45am (16 Lanes)	Y Swim League 8:00-8:45am Open Swim (6 Lanes)	Open Swim 8:00-8:45am (16 Lanes)	Open Swim 8:00-8:45am (16 Lanes)		
Water Aerobics 9:00-9:45 10:00-10:45 Open Swim 9:00-10:45 (10 Lanes)	Open Swim 9:00-10:45 (10 Lanes) Water Aerobics 10:00-10:45	Water Aerobics 9:00-9:45 10:00-10:45 Open Swim 9:00-10:45 (10 Lanes)	Open Swim 9:00-10:45 (10 Lanes) Water Aerobics 10:00-10:45	Water Aerobics 9:00-9:45 10:00-10:45 Open Swim 9:00-10:45 (10 Lanes)		
Swim Lessons 11:00-1:00pm Open Swim 11:00-12:45 (10 Lanes)	Swim Lessons 11:00-1:00pm Open Swim 11:00-12:45 (10 Lanes)	Swim Lessons 11:00-1:00pm Open Swim 11:00-12:45 (10 Lanes)	Swim Lessons 11:00-1:00pm Open Swim 11:00-12:45 (10 Lanes)	Swim Lessons 11:00-1:00pm Open Swim 11:00-12:45 (10 Lanes)	Community Swim 11-1:30pm	Closed
Camp Swim 1:00-4:00pm Open Swim (10 Lanes)	Camp Swim 1:00-4:00pm Open Swim (10 Lanes)	Camp Swim 1:00-4:00pm Open Swim (10 Lanes)	Camp Swim 1:00-4:00pm Open Swim (10 Lanes)	Camp Swim 1:00-4:00pm Open Swim (10 Lanes)	Open Swim 11-1:30pm	
Swim Lesson 4:00-6:30pm Open Swim (10 Lanes)	Swim Lesson 4:00-6:30pm RISE/Hydro 4 Blue/Senior 4:00-5:30pm White 5:00-6:00pm	Swim Lesson 4:00-6:30pm Open Swim (10 Lanes)	Swim Lesson 4:00-6:30pm RISE/Hydro 4 Blue/Senior 4:00-5:30pm White 5:00-6:00pm	Swim Lesson 4:00-6:30pm Open Swim (10 Lanes)		
Open Swim 7:00-7:30pm (All Lanes)	Y Swim League 6:00-6:45 Open Swim (6 Lanes)	Open Swim 7:00-7:30pm (All Lanes)	Y Swim League 6:00-6:45 Open Swim (6 Lanes)		Pool Closes 1:30	Pool Closed
	Open Swim 7:00-7:30pm (All Lanes)		Open Swim 7:00-7:30pm (All Lanes)			
Pool Closes 7:30pm	Pool Closes 7:30pm	Pool Closes 7:30pm	Pool Closes 7:30pm	Pool Closes 6:30pm		

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Speed: Please choose a lane with swimmers that most nearly match your speed.

Color Code Key:

Basic
 Plus
 Premium
 Paid Program

PORT ORANGE FAMILY YMCA

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