



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULES

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Opens 5:00a:	Opens 5:00a:	Opens 5:00a:	Opens 5:00a:	Opens 5:00a:	Opens 7:00a:
OPEN SWIM 5:00a-7:00a	OPEN SWIM 5:00a-7:00a	OPEN SWIM 5:00a-7:00a	OPEN SWIM 5:00a-7:00a	OPEN SWIM 5:00a-7:00a	MASTERS 7:00a-8:00a (10 LANES)
MASTERS 5:45a-7:00a (10 LANES)	MASTERS 6:00a-7:00a (10 LANES)	MASTERS 5:45a-7:00a (10 LANES)	MASTERS 6:00a-7:00a (10 LANES)	MASTERS 5:45a-7:00a (10 LANES)	HYDRO MASTERS ONLY 8:00a-9:30a (CLOSED TO MEMBERS)
HYDRO MASTERS ONLY 7:00a-8:30a (CLOSED TO MEMBERS)	HYDRO MASTERS ONLY 7:00a-8:30a (CLOSED TO MEMBERS)	HYDRO MASTERS ONLY 7:00a-8:30a (CLOSED TO MEMBERS)	HYDRO MASTERS ONLY 7:00a-8:30a (CLOSED TO MEMBERS)	HYDRO MASTERS ONLY 7:00a-8:30a (CLOSED TO MEMBERS)	WATER AEROBICS 10:00a-11:00a (UP TO 20 MEMBERS)
OPEN SWIM 8:30a-7:00p	OPEN SWIM 8:30a-7:00p	OPEN SWIM 8:30a-7:00p	OPEN SWIM 8:30a-7:00p	OPEN SWIM 8:30a-7:00p	OPEN SWIM 10:00a-1:00p
HYDRO 8:30a-9:30a (8 LANES)	HYDRO 8:30a-9:30a (8 LANES)	HYDRO 8:30a-9:30a (8 LANES)	HYDRO 8:30a-9:30a (8 LANES)	HYDRO 8:30a-9:30a (8 LANES)	
SWIM LESSONS 9:30a-11:30a (2 LANES)	SWIM LESSONS 9:30a-11:30a (2 LANES)	SWIM LESSONS 9:30a-11:30a (2 LANES)	SWIM LESSONS 9:30a-11:30a (2 LANES)	WATER AEROBICS 10:00a-11:00a (UP TO 20 MEMBERS)	CLOSES 1:00P
SUMMER CAMP 9:30am-2:45pm	SUMMER CAMP 9:30am-2:45pm	SUMMER CAMP 9:30am-2:45pm	SUMMER CAMP 9:30am-2:45pm	SUMMER CAMP 9:30am-2:45pm	
SUMMER CAMP 3:15pm-5:00pm	SUMMER CAMP 3:15pm-5:00pm	SUMMER CAMP 3:15pm-5:00pm	SUMMER CAMP 3:15pm-5:00pm	SUMMER CAMP 3:15pm-5:00pm	
SWIM LESSONS 4:30p-6:30p (2 LANES)	SWIM LESSONS 4:30p-6:30p (2 LANES)	SWIM LESSONS 4:30p-6:30p (2 LANES)	SWIM LESSONS 4:30p-6:30p (2 LANES)		
MASTERS 5:30-6:30pm (10 LANES)		MASTERS 5:30pm-6:30pm (10 LANES)	WATER AEROBICS 5:00p-6:00p (UP TO 20 MEMBERS)		
SWIM LEAGUE 6:30p-7:15p (10 LANES)	SWIM LEAGUE 6:30p-7:15p (10 LANES)	SWIM LEAGUE 6:30p-7:15p (10 LANES)	SWIM LEAGUE 6:30p-7:15p (10 LANES)		
SEABREEZE 6:00p-8:00p (6 LANES)	SEABREEZE 6:00p-8:00p (6 LANES)	SEABREEZE 6:00p-8:00p (6 LANES)	SEABREEZE 6:00p-8:00p (6 LANES)	SEABREEZE 6:00p-8:00p (6 LANES)	
CLOSES TO MEMBERS 7:15P	CLOSES TO MEMBERS 7:15P	CLOSES TO MEMBERS 7:15P	CLOSES TO MEMBERS 7:15P	CLOSES TO MEMBERS 7:15P	

SWIM LEAGUE MEET AUGUST 1ST AUGUST 8TH 8:30AM-10:00AM & AUGUST 13TH 5:30PM-7:15PM

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Schedule is Subject to Change: Multiple activities are often scheduled in this pool at the same time.

Private Swim Lessons Scheduled with Instructor

Color Code Key:

- Basic
- Plus
- Premium
- Paid Program

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