Participants of our kids swim league will work on stroke mechanics, proper starting technique, turns and finishes. Kids will not only learn the fundamentals and how to work together on a team, but also build self-confidence, endurance and strength for a brighter future.

**Details:**
Jan/Feb/Mar/Apr/May/Sept/Oct/Nov/Dec
Tues. & Thurs. Evenings 6:30 – 7:15 pm

**Rates:**
- Members $50
- Community Participants $75

**Ages:** 5 & Up

**Registration:** At the Membership Desk

**Requirements:** Swimmers must be able to complete green swim test by a certified YMCA lifeguard.

**For more information:** Please contact April LaFoucade at alafoucade@vfymca.org
call 386-673-9622 or visit the Membership Desk