TEAM SPORTS AT THE Y BUILD CHARACTER AND SELF-ESTEEM

Participants of our kids swim league will work on stroke mechanics, proper starting technique, turns and finishes. Kids will not only learn the fundamentals and how to work together on a team, but also build self-confidence, endurance and strength for a brighter future.

Details:
Jan/Feb/Mar/Apr/May/Sept/Oct/Nov/Dec Tues. & Thurs. Evenings 6:30 – 7:15 pm
Rates: Members $50
Community Participants $75
Ages: 5 & Up
Registration: At the Membership Desk
Requirements: Swimmers must be able to complete green swim test by a certified YMCA lifeguard.

For more information: Please contact Ginni Hiers at ghiers@vfymca.org call 386-760-9622 or visit the Membership Desk