



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULES

Port Orange Schedule Effective: February 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Masters (10 short) 5:00-6:30am	Open Swim 5:00-10:00am	Masters (10 short) 5:00-6:30am	Open Swim 5:00-10:00am	Masters (10 short) 5:00-6:30am	Open Swim Lap Swim All Day	
Open Swim 6:30-9:00am		Open Swim 6:30-9:00am		Open Swim 6:30-9:00am		
Water Aerobics 9:00-9:45am Deep 10:00-10:45am	Water Aerobics 10:00-10:45am	Water Aerobics 9:00-9:45am Deep 10:00-10:45am	Water Aerobics 10:00-10:45am	Water Aerobics 9:00-9:45am Deep 10:00-10:45am		
Swim Lessons 11:30-1:30pm	Swim Lessons 11:30-1:30pm	Swim Lessons 11:30-1:30pm	Swim Lessons 11:30-1:30pm	Swim Lessons 11:30-1:30pm		
Open Swim 1:30-3:45pm	Open Swim 1:30-3:45pm	Open Swim 1:30-3:45pm	Open Swim 1:30-3:45pm	Open Swim 1:30-3:45pm		
RISE/Hydro 4 5:00-5:30 (3 lanes) 5:30-7:00pm (9 lanes)		RISE/Hydro 4 5:00-5:30(3 lanes) 5:30-7:00pm (9 lanes)	RISE/Hydro 4 5:00-5:30 (3 Lanes) 5:30-7:00pm (9 lanes)	RISE/Hydro 4 5:00-5:30 (3 Lanes) 5:30-7:00pm (9 lanes)		
5:00-6:00 ERAU Club Swim (2 lanes)	5:00-6:00 ERAU Club Swim (2 lanes)	5:00-6:00 ERAU Club Swim (2 lanes)	5:00-6:00 ERAU Club Swim (2 lanes)	5:00-6:00 ERAU Club Swim (2 lanes)		
	Y Swim League 4:45-5:30		Y Swim League 4:45-5:30			
Pool Closes 7:30pm	Pool Closes 7:30pm	Pool Closes 7:30pm	Pool Closes 7:30pm	Pool Closes 6:30pm	Pool Closes 1:30pm	

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Speed: Please choose a lane with swimmers that most nearly match your speed.

Schedule is Subject to Change: Multiple activities are often scheduled in this pool at the same time.

Color Code Key:



PORT ORANGE FAMILY YMCA

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