



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

AQUATICS SCHEDULES

Ormond Beach Schedule March 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Ormond Y Masters (8 lanes) 5:45am - 7:00am	Ormond Y Masters (8 lanes) 6:00am - 7:00am	Ormond Y Masters (8 lanes) 5:45am - 7:00am	Ormond Y Masters (8 lanes) 6:00am - 7:00am	Ormond Y Masters (8 lanes) 5:45am - 7:00am	Ormond Y Masters (6 lanes) 7:00am - 9:00am	Pool Closed
					Hydro4 (6 lanes) 8:00am-9:30am	
Water Aerobics 10:00am - 11:00am	Water Aerobics 10:00am - 11:00am	Water Aerobics 10:00am - 11:00am	Water Aerobics 10:00am - 11:00am	Water Aerobics 10:00am - 11:00am	Water Aerobics 10:00am - 11:00am	
Masters Lunch Bunch (6 lanes) 12:00pm - 1:00pm		Masters Lunch Bunch (6 lanes) 12:00pm - 1:00pm		Masters Lunch Bunch (6 lanes) 12:00pm - 1:00pm		
Lap Swim/ Open Swim 1:00pm - 3:00pm	Lap Swim/ Open Swim 1:00pm - 3:00pm	Lap Swim/ Open Swim 1:00pm - 3:00pm	Lap Swim/ Open Swim 1:00pm - 3:00pm	Lap Swim/ Open Swim 1:00pm - 3:00pm		Pool Closed
Hydro4 (6 lanes) 5:00pm-7:00pm	Hydro4 (6 lanes) 5:00pm-7:00pm		Hydro4 (6 lanes) 5:00pm-7:00pm	Hydro4 (6 lanes) 5:00pm-7:00pm		
Master Swim (5 lanes) 5:30pm - 6:30pm		Master Swim (5 lanes) 5:30pm - 6:30pm		Master Swim (5 lanes) 5:30pm - 6:30pm		Pool Closed
Group Swim Lessons 5:00pm - 6:30pm	Group Swim Lessons 5:00pm - 6:30pm	Group Swim Lessons 5:00pm - 6:30pm	Group Swim Lessons 5:00pm - 6:30pm			
	Y Swim League (3 lanes) 6:30pm-7:15pm		Y Swim League (3 lanes) 6:30pm-7:15pm			
Adult Lap Swim 5:00 am - 7:30pm	Adult Lap Swim 5:00 am - 7:30pm	Adult Lap Swim 5:00 am - 7:30pm	Adult Lap Swim 5:00 am - 7:30pm	Adult Lap Swim 5:00 am - 7:00 pm		
Pool Closes 7:30pm	Pool Closes 7:30pm	Pool Closes 7:30pm	Pool Closes 7:30pm	Pool Closes 7:00pm	Pool Closes 1:00pm	Pool Closed

Lap Swimming Tips: Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions for Adult Lap: If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

***SCHEDULE IS SUBJECT TO CHANGE:** Multiple activities are often scheduled in this pool at the same time

Color Code Key:

Basic Plus Premium Paid Program

ORMOND BEACH FAMILY YMCA

500 Sterthaus Drive, Ormond Beach, FL 32174
P 386.673.9622 | F 386.673.8442 | vfymca.org